



Alfred Street Junior School

Headteacher: Mrs Kelly O'Connor

PE Grant Report 2019-20

For the academic year 2019-20, Alfred Street Junior School received a grant of £17,580 plus a carry forward of £11,651 making a total of £29,231. This grant was used to engage pupils in regular physical activity and healthy active lifestyles, broaden the range of sports and activities, encourage participation in competition and develop staff confidence, knowledge and skills with delivering Outdoor Adventurous Activities (OAA).

Spending Outline

A significant proportion of the grant money was spent on introducing Commando Joe resources into our school. It has been clear over recent years that our children really struggle on the some of the core values that enable them to be effective participators in school sport. These values such as resilience, empathy, self-awareness, passion, excellence, communication and teamwork are introduced in the Commando Joe weekly missions through a range of Outdoor Adventurous Activities (OAA) where the children have to work together to develop these skills. Throughout the year we had a former Commando come into school to work with our children and to show our staff how to deliver these missions. Moving forward, we now have the resources and the teachers have the skills to deliver the missions themselves, ensuring that this is sustainable over the coming years.

Another significant spend of the grant was on employing a sports leader whose job it was to provide organised quality lunchtime play activities and to develop our young sports leaders to carry out further activities with additional pupils. This has been a significant help in keeping our children active at lunchtimes and helped individual pupils to avoid problems that they would sometimes encounter in unstructured times. For part of the year, this provision was accessed through an internal appointment who had a passion for PE and school sport, but after her leaving us in October, we employed PR Sports Coaching to carry on the same provision. A range of different sporting activities were provided and included the following:

- Football
- Basketball
- Hockey
- Beanbag Throw
- Speed Bounce
- Obstacle Courses
- Hula Hooping
- Tennis
- Rounders
- Relay Races
- Skipping
- Parachute Games
- Javelin

The majority of the grant was used to enable all of our pupils to have the opportunity to participate in quality extra-curricular provision after school and to. This provision was accessed through Premier Sport who gave our children a range of different sporting opportunities. This gave us the opportunity to:

Further money was spent on providing extra-curricular activities that built into the local programme of competitions. During the course of the year we were able to offer our children the following sporting clubs:



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- Sports Hall Athletics*
- Dance
- Badminton
- New Age Kurling
- Dodgeball
- Badminton
- Table Tennis*
- Basketball
- Commando Joe Club (OAA activities)*

* shows activities using the sports funding allocation

Further sports would have been covered, but was reduced due to Covid-19.

Additional funding was used by Alfred Street in the following ways:

- To enable our pupils to have access to a range of cluster festivals; increasing our level of competition entries. This was done through a membership with our local cluster of schools.
- To pay an additional swimming teacher to support swimming across the school (in addition to the National Curriculum requirements) to support all staff in the delivery of swimming and to give our children the greatest opportunity possible to develop confidence and attainment in this important life skill.
- To continue to engage our pupils in a range of sporting opportunities.
- To provide dance support through an online resource (iTunes) an area where staff feel less confident
- To ensure staffing is sufficient for taking part in competitions.
- To purchase resources to enable the school to increase pupil participation and enjoyment of PE and School Sport

Allocation

| | |
|-----------------|----------|
| 2019-20 : Total | £ 29,231 |
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Actual Expenditure

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|---|--------|
| Commando Joe (OAA Curriculum & Resources) | £7,000 |
| PR Sports Coaching Lunchtime | £5,005 |
| PR Sports Coaching After School Clubs | £420 |
| Additional Swimming staff | £1,950 |
| Athletics Festival – After School Club | £175 |
| Sports Festivals Registration Fee | £320 |
| iMoves Dance Package | £495 |
| East Northamptonshire Cluster | £500 |
| Play Leader Salary – Autumn Term | £2,331 |
| Cover for PE Lead to attend festivals | £320 |
| Coach for Athletics | £400 |



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| Total | £ 18,916 |
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Additional Expenditure Carried Forward into 2019-20 from Summer 2 2019

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|--------------------------------|------|
| Swimming | £624 |
| Minibus Hire | £40 |
| Coach hire for District Sports | £240 |
| Total | £904 |

Carry Forward into 2020-21

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|--|----------|
| Allocation + Carry Forward | £29,231 |
| 2019-20 Spending | £18, 916 |
| Additional Spending Carried into 2019-20 | £904 |
| Carry Forward 2020-21 | £9,411 |

The Impact

Commando Joe

The Commando Joe programme has enabled us to get our children to regularly participate in weekly challenges and team-building activities. This has enabled all of our pupils to build on the key skills needed to be good team players and well-rounded members of society. Through these OAA activities, each week the children have increased their knowledge and understanding of our core values of: Resilience, Empathy, Self-awareness, Passion, Excellence, Communication and Teamwork. Evaluations of sessions have shown that pupils are able to identify the values needed within the challenges and identify the pupils best showing these attributes. The forming of a targeted extra-curricular Commando Joe Club, in addition to the curriculum resources, has ensured that children with greater need of these values have had additional opportunities to work on these crucial life skills.

One member of Year 6 who took part in the after school club stated:

"Commando Joe helped my positivity grow and helped with me learning the values of Teamwork, Communication, Resilience, Excellence and more. It gave me opportunities to take part in exercise with some of my friends. I really enjoyed the fun activities and hope I get to do them at my next school"

Another Year 6 pupil spoke of the weekly challenges they did with Commando Joe:

"Commando Joe was a challenging, but fun experience. It helped me to learn important life skills that will help me in secondary school and adulthood."

School Cluster events

Unfortunately, the number of cluster events this year has been significantly reduced due to Covid 19, however in the autumn term and first part of the spring term we were able to participate in the following festivals:

- Year 5/6 Football
- Year 5/6 Girls Football



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- Year 3/4 Futsal
- Year 5/6 Sports Hall Athletics
- Mixed Year New Age Kurling (SEND Pupils)
- Year 3/4 Dodgeball
- Year 5/6 Dodgeball
- Mixed Year Badminton

This enabled us to involve 58 different pupils (50%) in competitive sport during the course of the first half of the academic year. This would have been significantly higher had we have been able to complete the festival programme. Part of the sports funding was used to ensure that we had adequate staffing to attend the festivals.

During lockdown, we were also able to compete in the Northamptonshire Virtual School Games. The 17 children who were in school took part with 8 children taking part who previously had not taken part in a competition this academic year increasing the overall percentage to 56% (66 children).

The table below shows the percentage of pupils in each year group taking part in these cluster events:

| | |
|----------------------------------|-----|
| Year 3 | 56% |
| Year 4 | 47% |
| Year 5 | 61% |
| Year 6 | 63% |
| Y3, 4, 5, 6 – District Sports | 56% |

Extra-Curricular Provision

Through employing the services of PR Sports Coaching and Hotshots, employing an athletics coach, paying overtime for a HLTA and utilising staff expertise within the school, we were able to offer the following extra-curricular activities this academic year:

- Badminton
- New Age Kurling
- Dodgeball
- Dance
- Athletics
- Basketball
- Table-Tennis
- Netball

As with the competitions programme, the amount of clubs was significantly reduced to Covid-19.

The table below shows the number of pupils in each year group taking part in extra-curricular clubs:

| | Year 3 | Year 4 | Year 5 | Year 6 |
|-----------|--------|--------|--------|--------|
| Badminton | 6 | 5 | 2 | 1 |



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|-----------------|---|---|----|---|
| New-Age Kurling | 2 | 0 | 3 | 3 |
| Dodgeball | 4 | 1 | 5 | 6 |
| Dance | 2 | 4 | 3 | 5 |
| Athletics | - | - | 4 | 6 |
| Basketball | 2 | 4 | 10 | 9 |
| Table Tennis | 1 | 1 | 2 | 3 |
| Netball | 1 | 0 | 4 | 5 |

The clubs involved 60 different pupils (52%) during the Autumn and Spring terms.

Our plan for this year was to ensure that we covered a range of sports for our extra-curricular clubs which would then attract different pupils and ultimately feed into cluster festivals. Of the eight different clubs offered, four of the festivals (dodgeball, athletics, New Age Kurling and Badminton) led to involvement in competitions and unfortunately two were cancelled in the spring term (basketball and netball) due to Covid-19. The participation in the clubs this year has shown how important it is to continually change the selection of clubs that are available to children in order to ensure that we attract different children.

Clubs in school and Extra-Curricular Sport - What the pupils think:

- One pupil who took part in the Dodgeball club and festival stated: "I loved playing it (of course) and I absolutely loved catching someone out. The value that was used most was teamwork and the second one was communication. We showed respect even though we didn't win. I loved it loads. Thanks."
This shows what we trying to achieve. Not only are the children enjoying the competitions but also acknowledging the important values needed to be a member of a team.
- Another pupil who took part in the football festival stated: "I really enjoyed playing at the football festival and we played really well as a team. We got better and better as the tournament went on and my passing really improved. I was proud to play for my school with my teammates and it was so exciting when we scored."
- When reflecting on the athletics club and festival, one pupil said, "When I went to the competition in Raunds, I loved it that I took part. I was very proud when me and my friend came first in the sprint relay. There were loads of different events that we took part in like running, jumping, throwing and team games. Even though we finished 7th, we were very proud to come this far and we all worked together as a team. It was really loud when we cheered on our teammates."
- An SEND pupil who took part in the New Age Kurling Club and festival and who represented the school for the first time said: "The Kurling festival was really fun. We had to push three stones with handles towards a target and see how many points we would get. We worked well as a team."



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Although we didn't win, we still encouraged each other. It helped me with my confidence and my teamwork, communication and resilience."

Additionally, it was great when the parent of this pupil telephoned the school to say how much her daughter had enjoyed it and that she would love the opportunity to try other things as a result of it. This positive response is just what we want to achieve with our pupils and will promote lifelong enjoyment in sport and physical exercise.

Swimming

The Swimming Statement part of our allocation was spent on funding for a second swimming teacher (above and beyond National Curriculum expectations) to support staff development and pupil confidence. Each year group were able to attend some swimming sessions, however, Year 3/4 swimming was interrupted due to Covid-19. This meant that data wasn't collected. The awards given for the rest of the school are listed below:

| Award | Year 3 | Year 4 | Year 5 | Year 6 | Total |
|----------------------|--------|--------|--------|--------|-------|
| Fish Award 1 | | 1 | 0 | 0 | 1 |
| Fish Award 2 | | 5 | 3 | 11 | 19 |
| Fish Award 3 | | 0 | 7 | 2 | 9 |
| 3m | | 8 | 1 | 2 | 11 |
| 5m | | 7 | 1 | 4 | 12 |
| 10m | | 7 | 2 | 6 | 15 |
| 25m | | 6 | 5 | 8 | 19 |
| 50m | | 1 | 5 | 5 | 11 |
| 100m | | 0 | 7 | 0 | 7 |
| 200m | | 0 | 0 | 4 | 4 |
| White Star | | 3 | 8 | 6 | 17 |
| Aqua 1 – Life Saving | | 0 | 0 | 27 | 27 |

When completing pupil voice, it was found that only 33% of children go swimming either weekly or monthly.

The low percentage of pupils who take participate in swimming outside of school is the reason why it was decided to continue to spend some of the Sports Funding allowance on swimming for all children in the school; it is important that each child have access to swimming and water safety/confidence.

The provision of the extra swimming teacher ensured that children in across the school have developed water confidence and begun to swim unaided – meaning that an extra 15 pupils are now able to swim 10m Further up the school, this provision has helped an extra 19 pupils swim 25m unaided and 27 pupils have completed water safety certification. The swimming teachers work alongside the less able swimmers in order to give them high quality teaching and guidance. The children are regularly tested, when the swimming teachers deem them ready to swim their 3 metres and above. The funding here meant that



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children who did not achieve the expected standard in Year 3 and 4 were given the opportunity to progress in both Year 5 and 6.

24 children from the year 6 cohort left Alfred street Junior School being able to swim 25 metres or over. This is 80% of the year group. 27 children (90%) completed water safety certification (Aqua 1).

Lunchtime Provision

A significant portion of our grant this year has been in the employment of a Lunchtime Play Leader. This role has provided support for our Sports Crew in developing and providing daily playground challenges. Furthermore, they have organised their own activities to encourage pupils to be physically active at lunchtimes through engaging structured games. This provision has been a significant benefit as many of our children find unstructured times difficult.

Our Sports Crew continue to run daily activities for pupils on the playground. These have been supported through the employment of a Lunchtime Play Leader. This has led to structured activities continuing to have a positive impact on lunchtime behaviour as when children are involved in these there are less incidents. Many of the children who are involved in accessing 30+ activities are pupils who in the past have been receiving red behaviours during lunchtime.

Activities that have been run include: hockey, football, basketball, obstacle courses, beanbag throws, skipping etc. 64% of pupils currently believe that lunchtimes provide lots of different opportunities to play different games on a recent pupil voice survey.

Overall, from September until the school closure for Covid-19, 121 organised activities had been completed by the Lunchtime Play Leaders and the following statistics support the impact.

| Total number of structured activities since start: 121 | | | | |
|--|---------------------------------------|---|---------------------------------|---|
| Number of Pupils | Number of Pupils Participating | Percentage of Pupils Participating | Total Activities Entered | Average Activities Entered per pupil |
| Overall Pupils: 124 | 103 | 83% | 1537 | 12.40 |
| Year 6 Pupils: 25 | 22 | 88% | 184 | 7.36 |
| Year 5 Pupils: 36 | 29 | 81% | 485 | 13.47 |
| Year 4 Pupils: 32 | 25 | 78% | 374 | 11.69 |
| Year 3 Pupils: 31 | 27 | 87% | 494 | 15.94 |

The highest number of activities entered by a pupil is 64 by a pupil in Year 5.

| | |
|---|----|
| Number of pupils accessing 40+ Activities | 18 |
| Number of pupils accessing 30-39 Activities | 7 |
| Number of pupils accessing 20-29 Activities | 5 |
| Number of pupils accessing 10-19 Activities | 5 |
| Number of pupils accessing 5-9 Activities | 22 |
| Number of pupils accessing 1-4 Activities | 49 |

Of the children not accessing this provision, alternative provision is in place for many of them.



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Furthermore, the Lunchtime Play Leader has helped to train 5 pupils from Year 5 in preparation for next year.

The positive thing is that sometimes the activities are oversubscribed, showing that our children are really keen to participate.

iMoves

One of our purchases this year has been an online Dance package called iMoves. At the time of the school closure due to Covid-19, we had only just bought it in and so the impact is yet to be observed. However, during the lockdown, we were able to access resources to support our children both in school and at home.

2019-20 Carry-Forward

At the end of the Academic Year 2019-20, we had a carry forward of £9,411.